

Who can I talk to about
services in my area?

call

Parent Line
NSW

1300 1300 52

You can ring from anywhere in NSW for the cost of a local call (additional charges may apply for mobile phones) to find out about services near you.

Or look at our website for more information on child development and early intervention:

www.ParentLine.org.au



Adapted from the information developed through the Early Childhood Intervention Coordination Program, and funded by Ageing, Disability and Home Care



**Family &
Community Services**
Ageing, Disability & Home Care

www.adhc.nsw.gov.au

**Do you have
questions about
your child's
development?**



Catholic Care

Each child develops at his or her own pace. If you have any questions about any of the following:

- **Mealtimes** – your child is fussy with food or doesn't seem to eat enough
- **Communicating** – it is hard for you to understand what your child wants
- **Moving** – your child needs extra help to sit, crawl or walk
- **Playing** – your child needs help to play, either alone or with other children
- **Learning new things** – your child doesn't appear to learn new things
- **Behaviour** – you find it hard to stop your child's tantrums

What is early childhood intervention?

Early childhood intervention

- Includes health, therapy, education and support services
- Supports families who have a child with a delay in development or a disability
- Assists families to help their child grow and develop

Remember:

It is very important for your child's development to seek help as soon as you are concerned.

If you are concerned about your child ask for help from one of the services listed here. They will give you information about your child and what you need to do next.

Then, if you require it, these services will provide information and support for you and your child.

Who can I talk to about my child?

For children under school age:

Your local **early childhood intervention service** may have a number of different professionals who can give you information and help you to meet your child's needs.

Your local Community Services **Community Service Centre** will have information about services that are available and may also have professionals who can help you and your child.

Your **child care centre** or **preschool teacher** can give you information about your child's development and about services in your area.

Or

Your **early childhood nurse** will have information about how children develop.

Your local **family doctor** can talk to you about your concerns and what may be causing them. You can ask your doctor to refer you to a **paediatrician**.

Your local **Community Health Centre** (Look in the White Pages telephone directory under information about your local Community Health Centre).

What types of support are there for my family?

Every family has different strengths and needs.

Some of the support options you may want to explore could include:

- Early Childhood Intervention services
- Your local child care centre or playgroup
- Therapists, psychologists or social workers
- Respite options
- Local sporting and leisure clubs
- Family advocacy services
- Additional counselling.

